

PROCEDURES FOR COVID-19

PRIOR TO CHECK-IN PROCEDURE

- Communicate to all participants and counselors to do their best to limit interactions with the public 10 days prior to GHA and to wear a mask when in public. Participants that means July 1st. Counselors and Directors that means June 29th.
- Complete a daily check-in beginning 5 days prior to GHA (July 6th).
- Daily check-in will be a google form (emailed to participants).
- If symptomatic they need to be symptom-free for 24 hours before attending GHA.

GHA CHECK-IN PROCEDURES

- Participants, Directors and Counselors must pass a temperature and symptom check before checking-in. Temperature can be checked twice within 15 minutes. Participants can choose to stay and self-quarantine with parents and recheck temperature 24 hours later. If they are symptom free they can join GHA on Sunday.
- A COVID-19 waiver detailing all pre-cautions of what will happen during GHA will need to be signed prior to the start of GHA. A copy of this document will be provided at check-in to sign. Or a signed copy can be brought to check-in.

PROCEDURE FOR DAILY SCREENING

- Participants, counselors and directors will have a temperature and symptom check each morning with a counselor, director or facilitator prior to breakfast and each evening at room checks. All temperatures and symptoms will be recorded on a google document.
- If they report no symptoms and have a normal temperature they will be cleared for the day.
- If anyone reports symptoms or has an elevated temperature (above 100.1) they will not be cleared for the day and will be sent back to Founders Hall to an isolated suite. Parents will be notified of the students' situation.
- Students will be monitored at Founders Hall during the day.
- If their symptoms continue or progress after 24hrs, we will contact parents and the student will return home.

DAILY PRECAUTIONS

- We will provide increased hand sanitization between speakers and activities
- We will space participants and directors at meal times with five people to a table to increase social distancing.
- We will schedule sessions in different rooms and buildings throughout the day to minimize the time spent in the same location. Participants, counselors and directors will sit in every other chair.
- Facemasks will be required per Governor Herbert's recent mandate for Higher Education institutions. GHA will provide a face mask to each participant, counselor and director. Participants, counselors and directors can bring their own facemasks.
- Students will bring their own water bottle and Staff will refill from coolers.
- We won't have students attend church services on Sunday to limit a high risk situation
- Traveling will be in 15 passenger vans by PD group (empty seat between each participant)

- Rules of the Academy will include information on Covid-19 and our efforts to minimize it's spread.
- Food will be served buffet style with counselors and directors serving the food.

FACILITIES GUIDELINES

Meals - most meals will be on the multi-purpose quad. Tables and serving areas will be sanitized prior to each meal. Serving table will use disposable tablecloths.

Presentation rooms - Directors will sanitize desks and chairs prior to each session. Housing - Participants will wipe down the apartment each evening when returning from the day's activities.

HIGH RISK INDIVIDUALS

All participants, counselors and directors should be aware of the increased risk to individuals with pre-existing conditions. Please make a director aware if you (participants) are concerned about any of these conditions.

Asthma

- People with moderate to severe asthma may be at higher risk of getting very sick from COVID-19.
- COVID-19 can affect your respiratory tract (nose, throat, lungs), cause an asthma attack, and possibly lead to pneumonia and acute respiratory disease.

Sickle Cell

- People with sickle cell may be at higher risk of getting a secondary illness or experience complications from sickle cell if they contract COVID-19, due to the effects it may have on the respiratory tract (nose, throat, lungs).

Obese

- Severe obesity increases the risk of a serious breathing problem called acute respiratory distress syndrome (ARDS), which is a major complication of COVID-19 and can cause difficulties with a doctor's ability to provide respiratory support for seriously ill patients. People living with severe obesity can have multiple serious chronic diseases and underlying health conditions that can increase the risk of severe illness from COVID-19.

Underlying Cardiovascular/Respiratory Conditions

- If they're carrying COVID-19 and not showing symptoms, they could be at an even greater risk of respiratory emergency

MISCELLANEOUS

Hotline number for screening for COVID-19: (844)442-5224

REFERENCES

Information for this plan was taken from the following sources:

- <https://coronavirus.utah.edu/wp-content/uploads/sites/2/2020/05/Project-Orange-Working-Document-v.4.pdf>
- <https://swuhealth.org/phased-guidelines/>
- https://www.nata.org/sites/default/files/icsm_return_to_campus_packet_covid19.pdf - document no longer available online. If you wish to view, contact Nate Lower for the file
- <https://www.ncaa.org/sport-science-institute/core-principles-resocialization-collegiate-sport>
- <https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/asthma.html>

<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/groups-at-higher-risk.html>
<https://www.sicklecellsociety.org/coronavirus-and-scd/>

SIGNATURES

I understand that there are risks associated with participating in The Governor’s Honors Academy associated with COVID-19. I understand that GHA Directors are doing everything they can to minimize the risks of catching COVID-19. I understand that everyone participating in GHA will follow the guidelines in this document to the best of their ability.

Parent or Guardian Signature _____ Date _____

Participant Signature _____ Date _____